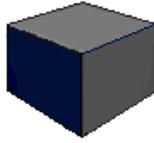


Solution



509.535.4074
Fax 509.535.4933

140 S Arthur St., Suite 505
Spokane WA 99202

Resources EAP LLC

www.solutionresources.net

Attention Deficit Disorder Adult Self Report Scale – VI.I

The following questionnaire can be used as a starting point to help you recognize the signs and symptoms of Adult ADHD but is not meant to replace consultation with a trained healthcare professional. **An accurate diagnosis can only be made through a clinical evaluation.** Regardless of the questionnaire results, if you have concerns about diagnosis and treatment of Adult ADHD, please discuss your concerns with your EAP consultant.

Contact **Solution Resources EAP** for a free and confidential consultation. The EAP has experts in the diagnosis and treatment of ADHD.

<i>Check the box that best describes how you have felt and conducted yourself over the past 6 months. Please bring the completed questionnaire to your appointment.</i>	Never	Rarely	Sometimes	Often	Very Often
1. How often do you have trouble wrapping up the final details of a project once the challenging parts have been done?					
2. How often do you have difficulty getting things in order when you have to do a task that requires organization?					
3. How often do you have problems remembering appointments or obligations?					
4. When you have a task that requires a lot of thought, how often do you avoid or delay getting started?					
5. How often do you fidget or squirm with your hands or feet when you have to sit down for a long time?					
6. How often do you feel overly active and compelled to do things, like you were driven by a motor?					

Add the number of checkmarks that appear in the shaded area. Four (4) or more checkmarks indicate that your symptoms may be consistent with Adult ADHD. It may be beneficial for you to talk with your healthcare provider about an evaluation.

The 6-question Adult Self-Report Scale-Version1.1 (ASRS-V1.1) Screener is a subset of the WHO's 18-question Adult ADHD Self-Report Scale-Version1.1 (Adult ASRS-V1.1) Symptom Checklist.
ASRS-V1.1 Screener COPYRIGHT © 2003 World Health Organization (WHO). Reprinted with permission of WHO. All rights reserved.